

You have a right to an advocate who will always be on your side

01

Contact our **FREE** helpline on **0808 808 1001**

02

We will arrange a **meeting** to suit you

03

We are led by you which means you are in control

Help you to **UNDERSTAND** what's going on around you

LISTEN to you

Be **independent** and work only for **YOU**

Help you to be **INVOLVED** in decisions

Support you to have your **VOICE** heard

Inform you of your **RIGHTS**

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